



Employment Support in Primary Care IPS

Are you thinking about accessing employment? We can help





How we can support you

We are specialists in supporting people who have experienced mental and physical illness to find employment at a pace that works for them.

We will work alongside you to identify, secure and retain paid employment by using the Individual Placement and Support (IPS) model. Helping you to decide what type of work accommodates your interests, skills & experiences and your individual support needs; putting together an action plan which may include:





How to ask for a referral

If you are thinking about finding full or part-time work, or would like more information around employment you can ask to be referred to your local Employment Specialist by a member of your Primary Care Network team.

Alternatively you can self-refer by emailing **epunft.ipsinprimarycare@nhs.net** if you live in Mid or North Essex or **epunft.refer@nhs.net** if you live in South or West Essex or complete your details below and hand this leaflet to reception at your GP surgery.

Our Employment Specialists cover the following locations:

Mid Essex: Chelmsford, Braintree, Witham, Maldon, Halstead.

North East Essex: Colchester, Clacton, Harwich.

West Essex: Harlow, Epping, Loughton, Uttlesford.

South West Essex: Basildon, Brentwood.

South East Essex: Rayleigh, Canvey Island, Castlepoint, Rochford.



Expression of interest:

I am interested in receiving support from the IPS in Primary Care Employment Service and give consent for my contact details to be provided



South and West Essex – email: epunft.refer@nhs.net Tel: 01279 450299



Patient Advice and Liaison Service (PALS)

If you have any concerns or need advice about accessing NHS services, you can speak in confidence to PALS on **0800 085 7935** or you can email **epunft.PALS@nhs.net**

This leaflet can be produced in large print, CD, Braille and other languages on request.



All delivery partners regards equality and diversity as integral to the way it works. Our staff will ensure that everyone is treated fairly and no one is discriminated against on the basis of their ethnicity, gender, disability, age, sexual orientation and religion or belief.

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